



West Melton Gymnastic Club Coach Profile

Head Coach Cindy Miller



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As many of you already know, we are excited to have new Head Coach Cindy Miller leading our club into 2022. While our lot of our families already know Cindy well as she has led our successful Step Gymnastics programme for the last 12 months, it is our pleasure to introduce Cindy further to all our members. With an amazing background in gymnastics, dance, drama and working with children of all ages, Cindy brings a broad range of skills and experience that will support, develop, and motivate our wonderful gymnasts.

Cindy is quite literally a Superwoman. Building on her background in gymnastics as a child, she has been heavily involved with dance through her teens and into her adult life. A professional drama and dance teacher, a Bay of Plenty Performing Arts and Unitec Graduate, Cindy majored in contemporary dance but also taught classical jazz and hip hop. Cindy had her own dance company, Coda, at age 21 based in Mount Maunganui working with teenage dance actors. Not only a teacher, Cindy has also performed in several productions including Evita and as a dance, stunt, and swim double in the Xena: Warrior Princess and Hercules productions amongst a number of other movies...so fair to say we have a star in our midst! Equally capable behind the scenes, Cindy has worked in logistics on the Wolverine and The Lion, The Witch & The Wardrobe movies.

Cindy has a strong belief in building our young people up, focusing on confidence, resilience, and well-being. "I am really looking forward to growing belief within the club and creating a balance that brings the physical and mental well-being of our children together in a holistic way. Taking all factors of the child, their emotions, experience, physical development, whanau and environment is really important to support them holistically in their learning, training, and competitions." Having taught children of all ages from preschool through to Year 13, Cindy has a great understanding of what children need at different times. "I love observing the satisfaction that the children get when they succeed in reaching their goals, however big or small, in training, competition or life in general."

Outside of being our Head Coach, Cindy is mum to Charlise, 16, Tia, 14 and Shelby, 12. They love horses with seven(!) at home and enjoy showing them through the NZ A&P Show Circuit. Cindy's husband Andy is not as keen but has been clearly overruled by the girls in the house and might be converted yet! Cindy teaches dance and drama at Hororata School while also a Preschool Teacher to the under 2's at Bluegoose Preschool.

After working with our Step gymnasts, Cindy is really looking forward to taking on the Head Coach role, getting to know all the children and their families. In her own words, Cindy will be focused on implanting fun, excitement, passion and determination in classes and supporting all the other wonderful coaches."